

<b>POLI</b> <b>ESCOLA SUPERIOR</b> <b>SAÚDE</b> <b>TÉCNICO</b> <b>GUARDA</b>	<b>SUBJECT DESCRIPTION</b> <b>(SD)</b>	<b>MODELO</b> PED.010.03
--	---	-----------------------------

Curso	Nursing Course 1º - 1st Cycle						
Unidade curricular (UC)	Clinical Teaching - Caring for Children and Adolescents						
Ano letivo	2023/2024	Ano	3rd	Período	2nd semester	ECTS	7,5
Regime	Mandatory	Tempo de trabalho (horas)			Total: 202,5	Contacto:133	
Docente(s)	Fernanda Maria Trindade Lopes; Ana Maria Jorge and others to be appointed						
Coordinator or Head of Department	Fernanda Maria Trindade Lopes						


#### Planned SD

### 1. LEARNING OBJECTIVES

1- To know the structure, resources, organization and operation of services where the clinical education is made; 2- To develop clinical skills identification, diagnosis, delivery and evaluation of nursing care, to children / youngster / family applying the methodology of the nursing process and meeting the quality standards, contributing to the reduction of hospitalization effects on psychomotor development of the children. 3- Conduct education activities for child health, family and community; 4- To develop learning abilities articulating the reasoned theoretical knowledge with theoretical and practical application in the clinical setting. 5- Using research results in caring for users; 6- Knowing community resources, in the promotion and maintenance of health, treatment and recovery of the child; 8. To understand the importance of teamwork in serving the user, family, and community groups.

#### It is expected that the student acquires the following skills:

- To evaluate the fulfillment of fundamental needs of the children / youngster / family.
- To participate in the planning, delivery and evaluation of nursing care, supervising the children / youngster / family in the hospital setting and in the community, applying the methodology of the nursing process, meeting the quality standards.
- To use a clinical reasoning that allows to correlate and support nursing interventions.
- To use a verbal language, according to the nomenclature of fundamental needs, to communicate about nursing care to children / family.

	<p align="center"><b>SUBJECT DESCRIPTION (SD)</b></p>	<p align="center"><b>MODELO</b> PED.010.03</p>
---	---	--

- To conduct research in technical literature, specialty and in international databases of evidence-based medicine.

It is intended that this set of skills to contribute to the gradual development of the nurse's skills profile of general care defined by the Order of Nurses.

## 2. PROGRAMME

The Clinical Teaching takes place in a Hospital context in differentiated health care. For its realization, it is recommended to carry out activities related to the syllabus contents of the nursing curricular units taught in the theoretical periods of the course, especially in Child and Adolescent Nursing.


Proposed activities: Identification of the location of the different resources in the services where the EC takes place; identification of service resources and geodemographic area and respective articulation; admission / integration of the children/ adolescent / family; global assistance to the child / adolescent / family taking into account the clinical situation presented according to the methodology of the nursing process and according to the theoretical model of nursing in force at the institution, home care and records according to the existing systems in the services and CIPE language.

The student must perform the group work.

## 3. COHERENCE BETWEEN PROGRAMME AND OBJECTIVES

The syllabus of the curricular unit of Child and Adolescent Nursing (which is the fundamental theoretical support of this clinical teaching) is about the promotion and maintenance of health, affections and nursing care for children throughout the pediatric life cycle. These are fundamental for the reflection and understanding of the importance of nursing in the context of health care in clinical education. They underlie planning and intervention adjusted to the needs of the child in different age groups and inserted in the family.

The provision of care follows the methodology of the nursing process according to the model and language adopted by the institutions where clinical teaching takes place.

	<b>SUBJECT DESCRIPTION (SD)</b>	<b>MODELO</b>  PED.010.03
---	-------------------------------------	---------------------------------

#### 4. MAIN BIBLIOGRAPHY

##### *List of required reading materials*

- Almeida, F. & Sabatés A. (org.) (2008). *Enfermagem pediátrica: a criança, o adolescente e a sua família no hospital*. Barueri-SP: Manole.
- Amaral M. (2008). *Tratado de Clínica Pediátrica* (Volume I, II e III) Alfragide: Abbott.
- Costa, H. & Marba, S. (2003). *O recém-nascido de muito baixo peso*. São Paulo: Editora Atheneu.
- Hokenberry, M. & Wilson, D. (2014). *Wong Fundamentos de enfermagem Pediátrica: adaptado à realidade brasileira* (Vol I e II). (8ª edição). Rio de Janeiro: Mosby-Elsevier.
- Jorge, A. M. (2004). *Família e hospitalização da criança*. Loures: Lusociência.
- Lopes, F. (2018). *Enfermagem de Saúde Infantil: Texto de apoio*. Guarda: s/ed.
- Pinto, R A G (coord.) (2015). *CIPE versão 2015*. Lusodidata. ISBN 978-987-8444-35-6
- Ramos, A. L. & Barbieri-Figueiredo, M. C. (2020). *Enfermagem em saúde da criança e do jovem*. Lisboa: Lidel - Edições Técnicas, Lda.
- Portugal. Direcção-Geral da Saúde (2020). *Programa Nacional de Vacinação 2020*. Lisboa: DGS Vacinação- normas / programas de vacinação / Portugal
- Veiga, B. S.; Henriques, E.; Barata, F.; Santos, I. S.; Martins, M. M. *et al* (2011). *Manual de Normas de Enfermagem*. (2ª edição revista). Lisboa: Administração Central do Sistema de Saúde, IP.

#### 5. TEACHING METHODOLOGIES (INCLUDING EVALUATION)

The evaluation will be continuous and the classification of zero to twenty values (0-20). Deemed to have approved the student whose final grade is equal to or greater than ten values.

Assessment tools are known from the student and are: the responsibility of self-assessment by the student and, hetero-assessment, responsibility of the teacher and / or counselor and group work.

The negative classification in at least one item of each of the components of the hetero-assessment implies the student's disapproval, so the final classification formula will not be applied.

Failure to perform presentation/ discussion of the group work involves the student's failure, so there will not be applied to the final classification formula. The final classification is the weighted average of student performance in clinical teaching, corresponding to the hetero-assessment, and classification obtained in group work (attached), in accordance with the following formula: 3 (hetero-assessment) + (written work) / 4.

Students with special statutes will apply the appropriate regulation, in case of omissions its applied the regulations in force in the ESS- IPG and the current specific legislation.

<p>POLI ESCOLA SUPERIOR SAÚDE TÉCNICO GUARDA</p>	<p><b>SUBJECT DESCRIPTION (SD)</b></p>	<p><b>MODELO</b> PED.010.03</p>
--	--	-------------------------------------

## 6. COHERENCE BETWEEN TEACHING METHODOLOGIES AND OBJECTIVES

The use of active methods, in which the teacher assumes the role of facilitator and supervisor of learning and gauge the acquisition of skills by the student which is assumed to be primarily responsible for their own learning process, using research strategies and reflection allowing the student to understand the importance of Child Health Nursing and Pediatrics in the context of health care, developing critical thinking under Child / Youngster Health in a family and to acquire the expertise to an adjusted intervention to the needs of different individuals who to provide nursing care.

Observations: It is not allowed to capture sound or images during internship hours.

## 7. ATTENDANCE

The internship is compulsory and the student must sign daily his presence, noting the time of entry and exit, on the sheet provided for this purpose by ESS. The student can not erase, use broker or change the attendance sheet of the clinical teaching. The student must report to the respective teacher / advisor in advance or as soon as he can, the need to miss clinical teaching, for faults marking effect, the hours of scheduled daily internship. The student may miss up to 15% limit of hours scheduled for clinical teaching, which are 19,2 hours. The student must carry out its justification in the 5-day period after the impediment to any application for relief shortages in printed form, signed by the teacher / mentor with knowledge of the ruler of the course. Students covered by special arrangements will apply the respective regulation.

## 8. CONTACTS AND HOURS OF SERVICE

[anajorge@ipg.pt](mailto:anajorge@ipg.pt)

Office nº. 2

*Times posted on cabinet door*

[fernandalopes@ipg.pt](mailto:fernandalopes@ipg.pt)

Office nº. 10

*Times posted on cabinet door*

Date: 05/02/2024

Signature:

Signature:

Professor(s) Name(s)

<b>POLI</b> <b>ESCOLA SUPERIOR</b> <b>SAÚDE</b> <b>TÉCNICO</b> <b>GUARDA</b>	<b>SUBJECT DESCRIPTION</b> <b>(SD)</b>	<b>MODELO</b> PED.010.03
--	---	-----------------------------

Area/Group

Coordinator or Head of Department

(Ana Maria Jorge)

(Fernanda Maria Trindade Lopes)

(Fernanda Maria Trindade Lopes)